

Venue	Address	Category	Precint	Operating/Delivery Hours	Contact details
Bean there coffee company	Wale Street, 58	Coffee	3	07:30 - 16:00	Tel: 087 943 2228, www.beanthere.co.za
Belly of the Best	Harrington Street, 110	Eateries	4	19:00 - 22:00. Orders by 11am.	Tel: 021 461 0335, www.bellyofthebeast.co.za/collections/delivery-at-home
Bocca	Bree Street and Wale streets	Pizza	3	12:00 - 22:00 (Mon-Sat). Orders by 21:30	MrD, Tel: 021 422 0188, www.bocca.co.za
Brownies & Downies	Long Street, 2	Eateries	2	Deliveries 12:00-14:00 and 17:00-19:00	WhatsApp 064 952 3003
Bukhara	Church Street, 33	Eateries	2	Deliveries 12:00 - 19:00	Tel: 021 424 0000, www.facebook.com/Bukhararestaurant
Burger & Lobster	Bree Street, 105	Eateries	3	11:00 - 23:00	Uber Eats, MrD, Tel: 021 422 4297
Burger King	Heerengracht Street, 33	Fast Food	1	09:00 - 19:00	Uber Eats, MrD, Tel: 080 946 7737
Café Frank	Bree Street, 160	Eateries	3	07:00 - 16:00 (Mon-Fri). Orders by 12:00	Whatsapp 062 667 4633, Email: bree@cafefrank.com, Tel: 021 423 0360
Café Riteve	Hatfield Street, 88	Eateries	3	08:30 - 15:00	Tel: 021 510 5882/021 465 1594, stanley@norriecaterers.co.za, www.norriecaterers.co.za
City Bowl Health Kitchen	Commercial Street, 9	Eateries	4	07:00 - 15:00	Whatsapp 0798693586 or @UberEats_za
Clarkes Bar and Dining Room	Bree Street, 133	Eateries, kits	2	09:00 - 16:00 (Tue to Sat)	WhatsApp 063 656 5966, www.clarkesdining.co.za
Col'Cacchio	Hans Strijdom Ave, 42	Eateries	1	11:00 - 19:00	Uber Eats, MrD, Tel: 021 419-4848
Crust Café	Bree Street, 243	Fast Food	3	07:30 - 18:00	Tel: 021 422 2222, https://www.facebook.com/crustcafe
Dapper Coffee Co.	Bree and Strand streets	Coffee	2	07:00 - 17:00. Radius 5km	Whatsapp 0721794953, Tel: 021 001 2560
Debonairs	Burg and Strand streets	Fast Food	2	11:00 - 19:00	Uber Eats, MrD, Tel: 021 422 0499
Dias Tavern	Caledon Street, 15	Eateries	4	11:30 - 21:00	Tel: 021 465 7547, https://www.foodbooking.com/api/fb/9aa4g
Folk Café	Bree Street, 7	Eateries	1	08:00 - 18:00	Email: bree@folkcoffee.co.za, Tel: 021 276 1795
Food Inn	Long Street, 156	Eateries	3	11:00 - 22:00	Tel: 021 422 5060, WhatsApp 076 568 3762
Fyn Restaurant	Parliament Street, 37	Fine Dining	4	12:00 - 17:00	Tel: 021 286 2733, www.fynrestaurant.com
Haiku	Burg Street, 58	Eateries	2	18:00 - 21:00	Tel: 021 424 0000, 021 418 5600. https://www.facebook.com/HaikuAsianTapas/
Hemelhuijs	Waterkant Street, 71	Eateries	2	Deliveries Wednesdays to Saturdays	Tel: 021 418 2042, https://www.facebook.com/Hemelhuijs/
Hokey Poke				12:00 - 18:30	MrD, UberEats_za, Sea Point Tel: 021 023 0312.
Honest Chocolate	Wale Street, 64	Chocolate	3	Online only	Order www.honestchocolate.shopstar.co.za, Tel: 076 765 8306
Ideas Cartel	Waterkant Street, 74	Grocery	2	Online only	Tel: 021 824 1781, http://www.ideascartel.com, innercity@ideascartel.com, www.apps.apple.com/za/app/ideas-cartel/id1092463213
I Love Coffee	Harrington Street, 50	Coffee	4	08:00 - 16:00	Tel: 082 575 1493, https://www.facebook.com/ILoveCoffeeShopCT/
I Love Coffee	Strand Street, 78	Coffee	2	08:00 - 16:00	Tel: 082 575 1493, https://www.facebook.com/ILoveCoffeeShopCT/
Jason Bakery CT	Bree Street, 185	Bakery	3	07:00 - 15:30	Tel: 021 424 5644, www.jasonbakery.com
Just Like Papa	Harrington Street, 71	Coffee	4	10:00 - 19:00	Tel: 087 470 0186, www.justlikepapa.com
Kamili Coffee	Long Street, 81	Coffee	3	07:00 - 18:00	Tel: 021 422 1452 or Cell: 072 870 0049
KFC	Long and Strand streets	Fast Food	3	24 hours	MrD, UberEats, Tel: 021 422 3889

Kleinskys	Parliament Street, 32	Bakery	4	Orders by 11:00 Mondays	Email: orders@kleinskys.co.za, Tel: 021 433 2871, Cell: 082 583 4162
Lekker Vegan	Harrington & Barrack streets	Fast Food	4	12:00 - 18:30 (Tue to Sun)	Tel: 064 268 6959, www.lekkervegan.co.za
Lunchworks	Waterkant Street,	Eateries	2	07:00 - 16:30	Whatsapp 076 124 6272, www.lunchworks.co.za/menu
Love thy neighbor	Bree Street, 110	Eateries	3	09:00 - 22:00	WhatsApp: 072 510 5853, Tel: 0214222770
Masala Dosa	Long Street, 167	Eateries	3	12:00 - 22:30. Order by 10:00 same day delivery	WhatsApp Riyaz 082 665 5345
McDonald's	Various CBD branches	Fast Food	2	24 hours	https://www.mcdonalds.co.za/advisory
Motherland Coffee Company	Mandela Rhodes Building,STGM	Coffee	3	08:00 - 16:00	Whatsapp 060 976 1032
Mullberry and Prince	Pepper Street, 12	Eateries	3	19:00-22:00 (Wed-Fri), 10:00 - 14:00 (Sat-Sun)	WhatsApp: 063 783 7531, Tel: 021 422 3301, www.mullberryandprince.co.za
Nandos	Long & Waterkant streets	Fast Food	2	10:00 - 18:00	Tel: 021 419 6191
New York Bagels	Harrington Street, 44	Bakery	4	07:00 - 16:00	Tel: 021 007 4315, www.facebook.com/NYBCT
NomnomonLong	Long Street, 166	Pizza	3	11:00 - 22:00	Order via Bolt, Tel: 021 424 723, https://www.facebook.com/nomnomonlong/
Nude Foods	Constitution Street, 5	Supermarket	4	09:00 - 16:00 (Mon-Fri)	Tel: 021 437 3003, www.nudefoods.co.za
Nuri Sushi Factory	Parliament Street, 8	Eateries	4	12:00 - 20:00	Order: zvnt.link/order-nuri-online.Tel: 021 461 8719
Obi Restaurant	Long Street, 14	Eateries	2	Delivery Mon-Sat from 12:00. Orders by 18:00.	Tel: 021 418 4040, Cell: 072 410 9989, MrD
Oishi	Bree Street, 234	Sushi	3	17:00 - 21:00	Tel: 087 820 1766, www.oishi.co.za, New preorder system
Orchard Juice & Health Bar	Long Street, 211	Health	3	09:00 - 17:00	UberEats, WhatsApp Reeva 082 376 2579
Pilcrow & Cleaver	Parliament Street, 3.2 Piazza	Eateries	4	07:00 - 23:00	WhatsApp: 072 897 3213, www.pilcrowandcleaver.co.za/menu
Plant - Vegan	Buiten Street, 8	Vegan	3	07:30 - 22:00. Orders by 12:00.	Tel: 072 521 9252, www.plantcafe.co.za
Posticino City Bowl	Buitenkant Street, 173	Pizza	4	12:30 - 19:30	MrD, UberEats, Bolt, Tel: 065 872 2951
Rcaffe	Long Street, 138	Eateries	3	06:00 - 17:00 (Mon-Fri), 08:30 - 15:30 (Sat)	Tel: 021 424 1124, Cell: 072 373 7179, www.rcaffe.biz
Rocomamas	Buitenkant Street, 29	Fast Food	4	11:00 - 21:00	MrD, UberEats, Tel: 021 201 7422
Sea Breeze Fish and Shell	Bree Street, 213	Eateries	3	Deliveries Tue-Sat 15:00 - 19:00	Tel: 074 793 9349, www.seabreeze.shopstar.co.za
Sea Palace Chinese Restaurant	Long Street, 2	Eateries	1	10:30 - 22:00 (Mon-Sun)	Tel: 021 418 0961, https://www.eatout.co.za/venue/sea-palace/
Seattle Coffee Co	Loop Street, 4	Coffee	1	09:00 - 17:00 (Mon-Sat), 09:00 - 16:00 (Sun). Radius 2km	Tel: 021 425 7741, https://www.seattlecoffeecompany.co.za/
Seattle Coffee Co	Strand Street, 130	Coffee	2	09:00 - 17:00 (Mon-Sat), 09:00 - 16:00 (Sun). Radius 750m	Tel: 021 418 0784, https://www.seattlecoffeecompany.co.za/
Seed and Circus	Constitution Street, 17	Fast Food	4	07:00 - 15:00 (Mon-Sat)	WhatsApp/Tel: 063 7768662. https://www.facebook.com/seedandcircus/
Simply Asia	Shortmarket Street, 96	Asian	2	11:30 - 20:00 (Mon-Sat)	MrD, UberEats, Orderin, Tel: 021 426 4347, www.simplyasia.co.za/stores/simply-asia-heritage-square/
South China Dim Sum bAr	Long Street, 289	Asian	3	12:00 - 17:00	Tel: 078 846 3656, https://www.facebook.com/SouthChinaDimSumBar
Stellski Coffee	Loop Street, 59	Coffee	2	08:00 - 14:00	WhatsApp/Tel: 072 135 2677

Swan Café	Buitenkant & Barrack streets	Eateries	4	Deliveries 10:00-16:00 (Mon-Fri)	Tel: 079 454 4758, Email: orders@swancafe.co.za
The Capetonian	Heerengracht Street, Pier Place	Eateries		Order by 13:00, Deliveries 14:00 - 16:00	Tel: 021 405 5670, WhatsApp 061 533 6090
The Cousins	Barrack Street, 3B	Eateries	4	18:00 - 22:00	WhatsApp/Tel: 083 273 9604, www.thecousinsrestaurant.com
The Electric	Canterbury Street, 48	Coffee	4	07:30 - 16:00 (Mon-Fri), 09:00 - 14:00 (Sat)	Email: theelectric@gmail.com, Tel: 021 461 0916, www.the-electric.com
The General Store	Bree Street, 22	Grocery	2	07:00 - 16:30. Order by 09:00 Thursdays	Email: info@the-generalstore.co.za, Tel: 021 418 2305, www.the-generalstore.co.za
The Poke Co.	Loop Street, 90	Eateries	2	08:00 - 21:30. Delivery FREE to your car or R30 fee within a 4km radius	Tel: 087 470 0125, https://www.facebook.com/The-POK%C3%88-co-Cape-Town-333477180593341/
The Velvet Cake Co.	Loop Street, 16	Cake	2	09:00 - 17:00 (Mon-Fri), 09:00 - 14:00 (Sat)	Tel: 021 914 0482, thevelvetcakeco.com
Tomo Japanese Restaurant	Loop Street, 86	Eateries	3	12:00 - 18:30 (Mon-Sun)	MrD, Bolt Food, Ubereats. Tel: 021 422 0635, WhatsApp 062 945 0470.
Tortilla Modern Mexican	Long & Hans Strijdom streets	Eateries	2	07:00 - 19:00	Tel: 021 418 4599, www.tortillamodernmexican.com/order-online
True Italic	Bree Street, 15	Eateries	2	18:00 - 22:00	WhatsApp 064 650 1345 or 072 141 5359, Tel: 021 418 7655, https://www.facebook.com/trueitalic/
Truth	Buitenkant Street, 36	Coffee	4	09:00 - 19:00 (Mon-Sun)	Tel: 021 201 7000, www.truth.capetown
Vida e Caffè	Hans Strijdom Ave & Long St	Coffee	1	09:00 - 17:00 (Mon-Sun)	Tel: 021 421 3974, MrD, UberEats, www.vidaecaffe.com/life-coffee/vida-store-we-are-delivering-from-through-mr-d-food-uber-eats/
Villa 47	Bree Street, 47	Eateries	2	11:00 - 18:00	MrD, Tel: 021 418 2740, www.villa47.co.za
Vixi Social House	Bree Street, 49	Eateries	2	11:00 - 19:00	WhatsApp 061 500 9691, Tel: 021 418 1338, https://www.facebook.com/vixisocialhouse/
Wella Spicy, Cape Town	Buitengracht Street	Eateries	3	24 hours	Tel: 074 273 8344, www.facebook.com/wellaspcy
Yu Asian Restaurant	Heerengracht Street, 57	Eateries	1	12:00 - 23:00	Order via www.yucapetown.co.za . Tel: 021 111 0452
Zeus Yeros Bar	Long Street, 235	Fast Food	3	10:00 - 18:30 (Mon-Sat)	MrD, Ubereats, Tel: 021 271 0999