

<b>Food Retail</b>					
<b>Venue</b>	<b>Address</b>	<b>Category</b>	<b>Precint</b>	<b>Operating/Delivery Hours</b>	<b>Contact details</b>
Bean there coffee company	Wale Street, 58	Coffee	3	07:30 - 16:00	Open for Sit Down! Tel: 087 943 2228, www.beanthere.co.za. For updates visit <a href="https://www.facebook.com/BeanThereCapeTown/">https://www.facebook.com/BeanThereCapeTown/</a>
Beerhouse	Long Street, 223	Liquor	3	11:00 - 23:00	Order through @mrdfood or @ubereats_za. Traditional & Gourmet Burgers @burgerhouseza. Call & Collect or use our in-house deliveries by contacting us on Tel: 071 328 0258.
Belly of the Best	Harrington Street, 110	Eateries	4	19:00 - 22:00. Orders by 11am. Delivery Wed-Sat 12:00-18:00	Sit down & Deliveries! Braised & pickled beef tongue, mustard sauce, pickles, crispy onions, curry oil on a wood fired roll. Visit <a href="https://bellyofthebeast.co.za">https://bellyofthebeast.co.za</a> and to order Tel: 021 461 0335.
Between Us	Bree Street, 176			Order by 22:00 Sunday and Wednesdays Collection 12:00-14:00. Delivery 14:00-16:00	Free delivery within 5km. R300 minimum order for delivery. For the menu visit <a href="https://betweenus.capetown/delivery-details/">https://betweenus.capetown/delivery-details/</a>
Bocca	Bree Street and Wale streets	Pizza	3	12:00 - 22:00 (Mon-Sat). Orders by 21:30	MrD, Tel: 021 422 0188, www.bocca.co.za. Check out our lunch specials for delivery at <a href="https://bocca.co.za/menu">https://bocca.co.za/menu</a> . Place your order before 18.30 and get your food delivered.
Bootlegger	Harrington Street, 50	Coffee	4	06:30 - 17:30	Open for Sit Down! Visit <a href="http://bootlegger.co.za">bootlegger.co.za</a> or Call Tel: 021 201 6708
Bukhara	Church Street, 33	Eateries	2	Deliveries 12:00 - 19:00	We are delivering a select menu made fresh from our central kitchen. Tel 021-4240000, 021-4247000 or 021-4185600 or visit <a href="http://www.facebook.com/Bukhararestaurant">www.facebook.com/Bukhararestaurant</a>
Burger & Lobster	Bree Street, 105	Eateries	3	11:30 - 20:30	Sit down & Delivery! Uber Eats, MrD, Tel: 021 422 4297. Winter special R139; a Burger & Lobster slider, prawn roll, warm, creamy lobster bisque and skinny cut fries. WhatsApp 076 776 5526 or email <a href="mailto:capetown@burgerandlobster.co.za">capetown@burgerandlobster.co.za</a> or visit <a href="https://www.facebook.com/ironsteaksa">https://www.facebook.com/ironsteaksa</a>
Burger King	Heerengracht Street, 33	Fast Food	1	09:00 - 19:00	Uber Eats, MrD, Tel: 080 946 7737. Introducing the new Family Meal at R238. <a href="https://www.burgerking.co.za">https://www.burgerking.co.za</a>
Café Frank	Bree Street, 160	Eateries	3	07:00 - 14:30 (Mon-Fri). Orders by 12:00	Sit down, deliveries and collect. Breakfast, lunch, wines and family meals from 07h00 tomorrow. <a href="https://mailchi.mp/b6aa76b70d8b/bree-menu-2643752">https://mailchi.mp/b6aa76b70d8b/bree-menu-2643752</a> . Whatsapp 0626674633, Email: <a href="mailto:bree@cafefrank.com">bree@cafefrank.com</a> , Tel: 021 423 0360.
Café Riteve	Hatfield Street, 88	Eateries	3	08:30 - 15:00	Tel: 021 510 5882/021 465 1594, <a href="mailto:stanley@norriecaterers.co.za">stanley@norriecaterers.co.za</a> . You can visit our website <a href="http://www.norriecaterers.co.za">www.norriecaterers.co.za</a>
Charlys Bakery	Canterbury Street, 38	Bakery	4	09:00 - 17:00	Visit us in-store: Call us on 021 461-5181, WhatsApp on 078 101 9183, Order through MrD, Curbside delivery, Takeaways & deliveries only!
Chefs Warehouse	Bree Street, 92	Eateries	3	12:00 - 14:30 and 16:30 - 20:30	We have prepared food available for home freezing and cooking: Confit duck legs, Potato or Pumpkin gnocchi, Beef bolognese, Moroccan lamb tagine, Spiced couscous, Roast tomato soup. Order via <a href="mailto:liam@chefswarehouse.co.za">liam@chefswarehouse.co.za</a> or Tel: 021 422 0128
City Bowl Health Kitchen	Commercial Street, 9	Eateries	4	07:00 - 15:00	Our Menu for In House deliveries. Whatsapp us 079 869 35 86 or find us in Uber Eats: <a href="https://www.ubereats.com/.../city-bowl.../v4QXsYThQJCGq_ckQmz4Kg">https://www.ubereats.com/.../city-bowl.../v4QXsYThQJCGq_ckQmz4Kg</a>
Col'cacchio	Hans Strijdom Ave, 42	Eateries	1	11:00 - 19:00	Open for Sit Down! Uber Eats, MrD, Tel: 021 419-4848. DIY pizza kits and cooking instructions.
Crust Café	Bree Street, 243	Fast Food	3	08:00 - 18:00	Open for sit down! Full menu and free deliveries in CBD - visit <a href="http://www.crust.co.za">www.crust.co.za</a> . Card, snapsan or cash facilities available. Tel: 021 422 2222 or WhatsApp to 079 118 2369.
Dapper Coffee Co.	Bree and Strand streets	Coffee	2	07:00 - 17:00. Radius 5km	Alcohol Now Available. Order online @dapper_cafe or send us a WhatsApp on 072 179 4953. Collection or delivery available. Tel: 021 001 2560
Debonairs	Burg and Strand streets	Fast Food	2	11:00 - 19:00	Open for delivery, kerbside collection or takeaway from the counter <a href="https://www.facebook.com/DebonairsPizza/photos">https://www.facebook.com/DebonairsPizza/photos</a> . Uber Eats, MrD, Tel: 021 422 0499
Deluxe Coffeeworks	Church Street, 25	Coffee	2	07:00 - 17:00.	Open for takeaway coffee's and bean sales! Tel: 072 569 9579
Dias Tavern	Caledon Street, 15	Eateries	4	11:30 - 21:00	Tel: 021 465 7547. Menu for pick-up & deliveries <a href="https://www.foodbooking.com/api/fb/9aa4g">https://www.foodbooking.com/api/fb/9aa4g</a>
Folk Café	Bree Street, 7	Eateries	1	07:00 - 19:00. Last orders by 18:30.	Sit down & Delivery! Burgers, pizzas, kiddies meals, cakes, coffee, veg boxes, milkshakes and more! Order at <a href="http://www.folkcafe.co.za">www.folkcafe.co.za</a> or Tel: 021 276 3656 or Email: <a href="mailto:bree@folkcoffee.co.za">bree@folkcoffee.co.za</a> .
Food Inn	Long Street, 156	Eateries	3	11:00 - 22:00	Open for deliveries, take aways and collections. Tel: 021 422 5060, WhatsApp 076 568 3762
Fyn Restaurant	Parliament Street, 37	Fine Dining	4	12:00 - 17:00	Sit down! Tel: 021 286 2733, <a href="http://www.fynrestaurant.com">www.fynrestaurant.com</a>
Gigi Rooftop: Gorgeous George	St Georges Mall, 118	Eateries, Hotel	3	12:00 - 21:00 (Mon-Sun)	Open for Sit down from 10Aug! Tel: 087 898 6000, for updates visit <a href="https://www.facebook.com/gorgeousgeorgehotel/">https://www.facebook.com/gorgeousgeorgehotel/</a>

Grub and Vine	Bree Street, 103	Eateries	3	12:00 - 15:00 and 16:00 - 19:30 (Tue to Fri). 11:30 - 14:30 (Sat)	Sit down & Delivery. Saturday 5-course brunch or lunch. Cost: R425pp (5 course brunch and Bloody Mary on arrival). Additional R250 for bottomless bubbles from Silverthorn Wines. <a href="https://www.mattmanningchef.com/virtual-dining/">https://www.mattmanningchef.com/virtual-dining/</a> . Tel: 076 256 8654
Haiku	Burg Street, 58	Eateries	2	18:00 - 21:00	We are delivering a select menu. Visit <a href="http://www.order.haiku.restaurant">www.order.haiku.restaurant</a> or <a href="https://www.facebook.com/HaikuAsianTapas/">https://www.facebook.com/HaikuAsianTapas/</a> . Tel 021 424 0000, 424 7000 or 418 5600.
Hemelhuijs	Waterkant Street, 71	Eateries	2	Deliveries Wednesdays to Saturdays	Sit down and 'Hemelhuijs at Home' take-away menu! Tel: 021 418 2042 to place your order. Also see <a href="https://www.facebook.com/Hemelhuijs/">https://www.facebook.com/Hemelhuijs/</a>
Hokey Poke	Church Street, 1	Eateries	3	12:00 - 18:30	Get your fix! We're back online at our Sea Point branch. Own deliveries to CT CBD for orders more than R300. For personal deliveries Tel: 021 023 0312. Order via MrD, UberEats_za.
Honest Chocolate	Wale Street, 64	Chocolate	3	09:00 - 16:00 (Mon to Thursday & Sundays). 09:00 - 17:00 (Fri-Sat).	Sit down & Online! Sweet corporate gifts order <a href="http://www.honestchocolate.shopstar.co.za">www.honestchocolate.shopstar.co.za</a> , Tel: 076 765 8306
I Love Coffee	Strand Street, 78	Coffee	4	08:00 - 16:00	Tel: 082 575 1493, <a href="https://www.ilovecoffeegroup.co.za/contact">https://www.ilovecoffeegroup.co.za/contact</a>
I love the dough	Bree Street, 101	Pizza	3	Deliveries from 12:30. Last order at 18:30	Open for Sit Down! Grab your favorite pizza or find us on MrD, UberEats_za. To place your order Tel: 072 145 9988 or visit <a href="https://www.facebook.com/ilovethedoughct/">https://www.facebook.com/ilovethedoughct/</a>
Ideas Cartel	Waterkant Street, 74	Grocery	2	Online only	Cook-along with Chef Bertus and Chef Luis Thursday 25th of June live at 7pm on Cartel Connect Online. Order your boxes via Whatsapp 079 580 4916, Tel: 021 824 1781, <a href="http://www.ideascartel.com">www.ideascartel.com</a> , <a href="mailto:innercity@ideascartel.com">innercity@ideascartel.com</a> , <a href="https://www.apps.apple.com/za/app/ideas-cartel/id1092463213">www.apps.apple.com/za/app/ideas-cartel/id1092463213</a>
Iron Steak Bar	Bree Street, 114	Eateries	3	11:30 - 21:00	Sit down! Organic, local, free-range, free from hormones and dry aged for 21 days. Cooked or raw steaks available via all delivery platforms. WhatsApp 076 776 5526 or Call: 021 422 4297 for order
Just Like Papa	Harrington Street, 71	Coffee	4	08:00 - 17:00	Tel: 087 470 0186, <a href="http://www.justlikepapa.com">www.justlikepapa.com</a>
Kamili Coffee	Long Street, 81	Coffee	3	07:00 - 18:00. Delivery within 4 block radius	Back at the office and in need of a freshly roasted cup of coffee and a baked treat? Place your order via Tel: 021 422 1452 or Cell: 072 870 0049. <a href="https://www.facebook.com/Kamilicoffee">https://www.facebook.com/Kamilicoffee</a>
KFC	Long and Strand streets	Fast Food	3	24 hours	MrD, UberEats, Tel: 021 422 3889
Kleinskys	Parliament Street, 32	Bakery	4	Orders by 11:00 Mondays	Sit down, takeaway and delivery! Order via ubereats and Mr D. Or Email: <a href="mailto:orders@kleinskys.co.za">orders@kleinskys.co.za</a> , Tel: 021 433 2871, WhatsApp: 082 583 4162
Lekker Vegan	Harrington & Barrack streets	Fast Food	4	12:00 - 18:30 (Tue to Sun)	Get your Lekker Vegan Gatsby or Burgers delivered to your doorstep. Click here to order <a href="https://lekkervegan.co.za/order">https://lekkervegan.co.za/order</a> or Tel: 064 268 6959.
Love thy neighbor	Bree Street, 110	Eateries	3	09:00 - 22:00	How about a flame grilled Bree street burger, a mouth watering zucchini pita and our famous LTN chips. Order directly or through MrD, UberEats_ZA. Free direct delivery for CBD <a href="https://www.facebook.com/LTNcapetown/photos">https://www.facebook.com/LTNcapetown/photos</a> , WhatsApp: 072 510 5853, Tel: 0214222770
Lunchworks	Waterkant Street,	Eateries	2	07:00 - 16:30	A la cart menu: variety of ciabattas, croissants, omelettes, breakfast wraps, burgers R70 with sides. Order via <a href="http://www.lunchworks.co.za/menu">www.lunchworks.co.za/menu</a> or by Whatsapp to 076 124 6272.
Masala Dosa	Long Street, 167	Eateries	3	12:00 - 22:30. Order by 10:00 same day delivery	Although we are closed, you can still experience the wholesome and aromatic flavour. Have a look at our home-cooked menu and place your orders. WhatsApp Riyaz 082 665 5345
McDonald's	Various CBD branches	Fast Food	2	24 hours	We're available via Drive-Thru and Take Away. Order via MrD or UberEats. Visit <a href="https://www.mcdonalds.co.za/advisory">https://www.mcdonalds.co.za/advisory</a> to see which stores are open.
Mink & Trout	Bree Street, 127	Eateries	3	Order by 20:00. Delivery 15:00-18:00	Daily soups & meals available now. Visit <a href="http://www.facebook.com/Troutys-Kitchen">www.facebook.com/Troutys-Kitchen</a> for daily menu. Whatsapp orders Tel: 076 457 7565.
Motherland Coffee Co.	Mandela Rhodes Building, STGM	Coffee	3	08:00 - 16:00	Open for Sit Down! Motherlanders, meet the The Banana Bread Latte! Place your order via Whatsapp 060 976 1032 or Visit <a href="https://www.motherlandcoffee.com/locations/cape-town/">https://www.motherlandcoffee.com/locations/cape-town/</a>
Mulberry and Prince	Pepper Street, 12	Eateries	3	19:00-22:00 (Wed-Fri), 10:00 - 14:00 (Sat-Sun)	Open for sit down! Try our brand new crispy Nashville Hot! Fried Chicken & Sticky-bun Waffle! Open for Brunch 10am Saturday & Sunday! Reserve your table today! Whatsapp 063 783 7531. Tel:021 422 3301 or visit <a href="https://www.facebook.com/mulberryandprince">https://www.facebook.com/mulberryandprince</a> for updates.

Nandos	Long & Waterkant streets	Fast Food	2	10:00 - 18:00	Open for Sit Down! If you're in a rush we will continue to satisfy your PERi-PERi fix. Drive-thru, kerbside collection, delivery and take away are still in full swing. Click here to view restaurants Delivering <a href="https://bit.ly/35w2r4P">https://bit.ly/35w2r4P</a> or Tel: 021 419 6191.
New York Bagels	Harrington Street, 44	Bakery	4	09:00 - 17:00	Tel: 021 007 4315 or visit <a href="http://www.facebook.com/NYBCT">www.facebook.com/NYBCT</a> for updates.
NomnomonLong	Long Street, 166	Pizza	3	11:00 - 22:00	Open for Sit Down! Buy 2 Large pizzas and get the cheapest one FREE, only for Sit Ins and Collections. Pop in or call 021 424 7233 or visit <a href="http://www.facebook.com/nomnomonlong">www.facebook.com/nomnomonlong</a> for updates.
Nude Foods	Constitution Street, 5	Supermarket	4	09:00 - 16:00 (Mon-Fri)	Falafel Fridays are back! 11am - 3pm, collect from our store or order via MrD. All vegan and delicious with GF options available. Tel: 021 437 3003 or visit <a href="http://www.nudefoods.co.za">www.nudefoods.co.za</a>
Nuri Sushi Factory	Parliament Street, 8	Eateries	4	12:00 - 21:00	Get Your Gourmet Sushi Delivered. Order via <a href="http://zvnt.link/order-nuri-online">zvnt.link/order-nuri-online</a> or Tel: 021 461 8719
Obi Restaurant	Long Street, 14	Eateries	2	12:00 - 14:00. Delivery Mon-Sat from 12:00. Orders by 18:00.	Open for Sit Down! Contactless menus, screening and payment options. Book online at <a href="http://obirestaurant.co.za/book-online/">obirestaurant.co.za/book-online/</a> or Tel: 021 418 4040, Cell: 072 410 9989 or MrD.
Oishi	Bree Street, 234	Sushi	3	Mondays closed, 16:30 to 19:30 (Tues-Thur), 12:30 - 19:30 (Fri-Sun)	We're open for deliveries from 1pm. Order on-demand or pre-order via our website or mobile app. Tel: 087 820 1766 or visit <a href="http://www.oishi.co.za">www.oishi.co.za</a> for preorder system
Orchard Juice & Health Bar	Long Street, 211	Health	3	09:00 - 17:00	Online deliveries. A great time to add in immune boosting cold pressed shots and juices. WhatsApp Reeva 0823762579 to place your orders.
Pilcrow & Cleaver	Parliament Street, 3.2 Piazza	Eateries	4	07:00 - 23:00	Sit Down, Deliveries and take-aways! View this week's menu here <a href="https://bit.ly/PCMenuWeek19">https://bit.ly/PCMenuWeek19</a> . Order via WhatsApp 072 897 3213 or visit <a href="http://www.pilcrowandcleaver.co.za">www.pilcrowandcleaver.co.za</a> for updates
Plant	Buiten Street, 8	Vegan	3	07:30 - 22:00. Orders by 12:00.	Sit down & Delivery! Place your order on <a href="http://www.plantcafe.co.za">www.plantcafe.co.za</a> before 12 for delivery same day! Last delivery 6PM. Tel: 072 521 9252 or visit <a href="http://www.plantcafe.co.za">www.plantcafe.co.za</a> for updates.
Posticino City Bowl	Buitenkant Street, 173	Pizza	4	12:30 - 19:30	MrD, UberEats, Bolt, Tel: 065 872 2951
Rcaffe	Long Street, 138	Eateries	3	06:00 - 17:00 (Mon-Fri), 08:30 - 15:30 (Sat)	Open for Sit down! Join your morning pastry with our delicious coffee. Order Tel: 021 424 1124, Cell: 072 373 7179 or visit <a href="http://www.rcaffe.biz">www.rcaffe.biz</a> for updates.
Rocomamas	Buitenkant Street, 29	Fast Food	4	11:00 - 21:00	Open for Sit Down! Kicking off the #ComebackTour strong with the Retro Swag #Smashburger! Waiting for you on the #RocoLove App. Tel: 021 201 7422 or WhatsApp and collect. Also available for Curb-side delivery or order via MrD, UberEats.
Sea Palace Chinese Restaurant	Long Street, 2	Eateries	1	10:30 - 22:00 (Mon-Sun)	Tel: 021 418 0961, <a href="https://www.eatout.co.za/venue/sea-palace/">https://www.eatout.co.za/venue/sea-palace/</a>
Seattle Coffee Co	Loop Street, 4	Coffee	1	09:00 - 17:00 (Mon-Sat), 09:00 - 16:00 (Sun). Radius 2km	Tel: 021 425 7741, For updates visit <a href="https://www.seattlecoffeecompany.co.za">https://www.seattlecoffeecompany.co.za</a> and <a href="https://www.facebook.com/SeattleCoffeeCompany">https://www.facebook.com/SeattleCoffeeCompany</a>
Seattle Coffee Co	Strand Street, 130	Coffee	2	09:00 - 17:00 (Mon-Sat), 09:00 - 16:00 (Sun). Radius 750m	Tel: 021 418 0784. For updates visit <a href="https://www.seattlecoffeecompany.co.za">https://www.seattlecoffeecompany.co.za</a> and <a href="https://www.facebook.com/SeattleCoffeeCompany">https://www.facebook.com/SeattleCoffeeCompany</a>
Seed & Circus	Constitution Street, 17	Fast Food	4	07:00 - 15:00 (Mon-Sat)	WhatsApp/Tel: 063 7768662. <a href="https://www.facebook.com/seedandcircus/">https://www.facebook.com/seedandcircus/</a>
Simply Asia	Shortmarket Street, 96	Asian	2	11:30 - 20:00 (Mon-Sat)	MrD, UberEats, Orderin, Tel: 021 426 4347. Visit <a href="http://www.simplyasia.co.za/stores/simply-asia-heritage-square">www.simplyasia.co.za/stores/simply-asia-heritage-square</a> or <a href="http://www.facebook.com/SimplyAsiaSA">www.facebook.com/SimplyAsiaSA</a> for updates.
Skinny Legs Luxury Café	Loop Street, 70	Eateries	2	07:00 - 16:00	Open for Sit Down! Come inside and join us for all day breakfast or our carrot, apple and pecan nut muffins. Order via email <a href="mailto:info@skinnylegscfe.co.za">info@skinnylegscfe.co.za</a> or WhatsApp 082 853 1939.
South China Dim Sum Bar	Long Street, 289	Asian	3	12:00 - 17:00	Delivery/collections 12:00-18:00. Kindly text all lunch and dinner orders to 078 846 3656, from 11am - 6pm. Please order your wine and beer with food from Mon to Thurs before 17:00. Tel: 078 846 3656 or visit <a href="https://www.facebook.com/SouthChinaDimSumBar">https://www.facebook.com/SouthChinaDimSumBar</a> for updates.
Steers	Loop and Strand streets	Fast Food	3	09:00 - 18:00	Due to Level 3, the Wacky Wednesday deal is available online only at R149.90. Order via the Steers app for home delivery, Kerbside delivery or collect in-restaurant. Tel: 021 422 2280, Order online <a href="https://app.steers.co.za">https://app.steers.co.za</a> , <a href="https://location.steers.co.za/western-cape/cape-town">https://location.steers.co.za/western-cape/cape-town</a>
Stellski Coffee	Loop Street, 59	Coffee	2	08:00 - 14:00	Open for Sit Down! For Take away and delivery Tel/WhatsApp 072 135 2677.

Surfa Rosa	Harrington Street, 61a	Eateries	4	09:00 - 20:00	Sit down and Deliveries! Meat Free Mondays, the Veg A Bond Burger, Sisters of Mercy Pizza - available with vegan cheese or standard mozzarella, Chaka Laka soup with Falafel balls. Order online <a href="http://www.Harringtonstreet.co.za">www.Harringtonstreet.co.za</a> or whatsapp 0791285289
Swan Café	Buitenkant & Barrack streets	Eateries	4	Deliveries 10:00-16:00 (Mon-Fri)	Open for Sit Down! Some old favourites are back, with NEW additions. Bring your masks, family, wash your hands and we'll all stay safe.Tel/WhatsApp 079 454 4758 or <a href="mailto:orders@swancafe.co.za">orders@swancafe.co.za</a> . For updates visit <a href="https://www.facebook.com/swancafet">https://www.facebook.com/swancafet</a> .
The Capetonian	Heerengracht Street, Pier Place	Eateries	1	Order by 13:00, Deliveries 14:00 - 16:00	Open for Sit Down! Make this EID lunch one to remember, visit <a href="http://capetonian.co.za/hotel-specials">capetonian.co.za/hotel-specials</a> . Orders placed before 1pm will be delivered same day. Tel: 021 405 5670, WhatsApp 0615336090.
The Electric	Canterbury Street, 48	Coffee	4	07:30 - 16:00 (Mon-Fri), 09:00 - 14:00 (Sat)	Open for Sit Down! The food, people, price, ethics, community - its's all good! The burgers on the other hand, are GREAT. It's warm & cosy & we have Bingo Nights. Order in on Mr. D or Uber Eats. Email: <a href="mailto:theelectric@gmail.com">theelectric@gmail.com</a> , Tel: 021 461 0916 or <a href="http://www.the-electric.com">www.the-electric.com</a> .
The General Store	Bree Street, 22	Grocery	2	07:00 - 16:30. Order by 09:00 Thursdays	Healthy wholesome weekly meals to ease the stress. Email: <a href="mailto:info@the-generalstore.co.za">info@the-generalstore.co.za</a> , Tel: 021 418 2305 or visit <a href="http://www.facebook.com/thegeneralstoreSA">www.facebook.com/thegeneralstoreSA</a> or <a href="http://www.the-generalstore.co.za">www.the-generalstore.co.za</a>
The Gin Bar	Wale Street, 64A	Liquor		10:00 - 17:00 (Mon-Thurs)	Open for sit down! Come and visit us for your gin, mixers, wine, beer and treat. For updates visit <a href="https://www.facebook.com/theginbarsa">https://www.facebook.com/theginbarsa</a> or Tel: 071 241 2277.
The Poke Co.	Loop Street, 90	Eateries	2	08:00 - 21:30. Delivery FREE to your car or R30 fee within a 4km radius	Open for Sit Down! Use our App: <a href="https://www.pokecoct.com/loyaltyapp">https://www.pokecoct.com/loyaltyapp</a> , Order from UberEATS, OrderIn or MrD. Ordering via WhatsApp 087 470 0125 or visit <a href="http://www.facebook.com/The-POK%C3%88-co-Cape-Town-333477180593341">www.facebook.com/The-POK%C3%88-co-Cape-Town-333477180593341</a> for updates.
Tjing Tjing	Longmarket Street, 165	Eateries	3	10:00 - 02:00 (Mon-Fri). Order Sat.10:00-Tue.14:00. Delivery Thurs. & Fri. from 12:00.	Torii is open for Sit-Down Tuesday-Saturday 12:00-19:30. We still offer our pre-order finish-at-home meals, special mochi boxes, pantry items, merchandise and more. For deliveries visit <a href="https://tjingshop.wowfingers.com">https://tjingshop.wowfingers.com</a> and Pick Up <a href="https://www.tjingtjing.co.za/pick-up">https://www.tjingtjing.co.za/pick-up</a> . Email <a href="mailto:orders@tjingtjing.co.za">orders@tjingtjing.co.za</a> or DM us on Instagram.
Tomo Japanese Restaurant	Loop Street, 86	Eateries	3	12:00 - 18:30 (Mon-Sun)	Open for Sit Down! Soft reopen with 10% off for sit down customer, although we accept walk-ins. Space limited due to social distance, please call and book Tel: 078 970 6250 to avoid disappointment. Order via MrD, Bolt Food, Ubereats. Tel: 021 422 0635, WhatsApp 0629450470.
Tortilla Modern Mexican	Long & Hans Strijdom streets	Eateries	2	07:00 - 19:00	Tel: 021 418 4599, <a href="http://www.tortillamodernmexican.com/order-online">www.tortillamodernmexican.com/order-online</a> . Visit <a href="http://www.facebook.com/TortillaModernMexican">www.facebook.com/TortillaModernMexican</a> for updates.
True Italic	Bree Street, 15	Eateries	2	18:00 - 22:00	WhatsApp 064 650 1345 or 072 141 5359, Tel: 021 418 7655 or visit <a href="https://www.facebook.com/trueitalic">https://www.facebook.com/trueitalic</a> for updates.
Truth	Buitenkant Street, 36	Coffee	4	09:00 - 19:00 (Mon-Sun)	Sit Down, Takeaway and Delivery through Coffeemonster app or UberEats_za. Tel: 021 201 7000 or visit <a href="http://www.facebook.com/TRUTH.CapeTown">www.facebook.com/TRUTH.CapeTown</a>
Vicious Virgin Bar	Wale Street, 53	Liquor	3	08:00 - 18:00	Open for Sit Down! Private events, venue hire anything that looks bette in a tropical glass. Wednesday comedy at 19:00 and Fridays live music from 18:00. Kitchen and bar will be open. Book ahead 082 940 1943. Enquire at <a href="mailto:rumrunners@vvbar.co.za">rumrunners@vvbar.co.za</a> for best results
Vida e Caffè	Hans Strijdom Ave & Long St	Coffee	1	09:00 - 17:00 (Mon-Sun)	Tel: 021 421 3974, MrD, UberEats. Take aways, curbside collect, home deliveries available through our partners. Visit <a href="http://www.vidaecaffe.com/life-coffee/vida-store-we-are-delivering-from-through-mr-d-food-uber-eats">www.vidaecaffe.com/life-coffee/vida-store-we-are-delivering-from-through-mr-d-food-uber-eats</a>
Villa 47	Bree Street, 47	Eateries	2	11:00 - 18:00	Open for Sit down! Breakfast to dinner, full menu, excludes alcohol. Strict protocols: temperature taken, hands sanitized, guest to wear mask. Call us on 021 418 2740 to book or email us on <a href="mailto:reservations@villa47.co.za">reservations@villa47.co.za</a> . Delivery via MrD, Tel: 021 418 2740, <a href="http://www.villa47.co.za">www.villa47.co.za</a> .
Vixi Social House	Bree Street, 49	Eateries	2	11:00 - 19:00	Open for Sit Down! However you feel like getting your VIXI fix, we've got you covered. New menu here <a href="https://vixi.co.za">https://vixi.co.za</a> . We can deliver or you can collect. Order via WhatsApp 061 500 9691, Tel: 021 418 1338 or visit <a href="http://www.facebook.com/vixisocialhouse">www.facebook.com/vixisocialhouse</a> .
Wella Spicy, Cape Town	Buitengracht Street	Eateries	3	24 hours	Tel: 074 273 8344 to place orders or visit <a href="http://www.facebook.com/wellaspicy">www.facebook.com/wellaspicy</a> for regular specials
Yu Asian Restaurant	Heerengracht Street, 57	Eateries	1	12:00 - 23:00	Open for Sit Down! We are still doing home deliveries. visit <a href="http://www.facebook.com/yuasian">www.facebook.com/yuasian</a> for regular updates. Place your order online at <a href="http://www.yucapetown.co.za">www.yucapetown.co.za</a> or Tel: 021 111 0452.
Zeus Yeros Bar	Long Street, 235	Fast Food	3	10:00 - 18:30 (Mon-Sat)	We are open for deliveries & collections! Place your order for collection on Tel: 021 271 0999 or order on MrD & UberEats for deliveries.