2018 TRENDS THAT’LL ADD TO THE VIBRANCY OF THE CENTRAL CITY
ADAPTING TO CHANGE

To stay ahead, we must adapt to changing times.

TASSO EVANGELOS
CEO OF THE CCID

Welcome to the latest City Views. With so much happening in 2018 already, you’ll be forgiven for thinking we’re halfway through the year – we’re only in autumn. What’s happening all over the world, including in our Central City, speaks to changing times and the need to quickly adapt to change in all spheres of life. To borrow from George Bernard Shaw: “Progress is impossible without change, and those who cannot change their minds cannot change anything.”

In this issue, you will find a round-up of trends that will add to the vibrancy of the Central City, and alter the way we think about many things. These range from developments in retail, the food industry and investment sector, fitness and wellness, and of course places to visit because, as we all know, the Central City is a must-see cultural hub. Turn to page 4 and 5 to find out what to expect this year and into the future.

Change in the CBD is indeed constant, as there are new and interesting venues opening every month adding to the richness of the Central City. In our new retailers’ section (page 3), we speak to a couple of these to find out about what they will be adding to the Central City mix, particularly at a time when consumers are actively looking for businesses and institutions that reflect their individuality.

What augurs well for all Central City stakeholders is that, according to the CCID Safety & Security team, a decline in major crimes in the Cape Town Central City over the 2017/18 festive season has been recorded. For a better understanding of what led to this, see the article on page 3.

Something that truly speaks of the changing times and the need to adapt is the current water crisis gripping the Western Cape. And in the light of a great deal of finger-pointing, the CCID prefers to take heed of Darwin’s own classic words: “It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is the most adaptable to change.” May we all act on these words and make water saving the new normal. On page 6, we provide some of the practical things you can do right now and beyond Day Zero. Autumn is also when the CCID rolls out its annual #KeepItClean campaign, so we’re once again pushing the envelope with a provocative campaign that will not only drive home the message that being litter conscious is everyone’s business, but also highlight the work of the CCID’s on-the-ground cleaning and maintenance teams, such as the Long Street pilot bin project on page 7.

THE STATE OF CAPE TOWN CENTRAL CITY REPORT TO BE RELEASED IN APRIL

The State of Cape Town Central City Report is an annual publication that draws on the CCID’s vast research network to provide insights into the economic climate of the Cape Town CBD and inspire investor confidence. The latest edition – 2017: A year in review – is scheduled to be released early in April.

According to Carola Koblitz, CCID Communications manager and editor of the report, the 2017 edition is avidly awaited, with a great deal of interest already being shown in what its contents will reveal: “As a country and indeed globally, we are experiencing vast economic pressure. But we believe that current stakeholders and future investors can rest assured that the Cape Town Central City will withstand the challenges we all currently face.

“The report will indicate a fair amount of stabilisation in areas such as the price of residential property, as well as retail and commercial occupancy. We’re also paying a great deal of attention to where future demand will lie, to keep investors up to speed on the opportunities. We realise that, even as a vibrant downtown, we are all experiencing the same current economic pressure to some degree that the rest of South Africa is feeling, but again we hope that the report will provide a positive way forward in terms of preparing for future resilience.”

New features will include a comprehensive breakdown of eventing venues and facilities available in the Cape Town CBD, to complement its growing importance in the field of conferencing and exhibitions, as well as a detailed guide to water management, something which – Carola stresses – “no responsible” guide to investment anywhere in the Cape Town region should now be without.

Details regarding the release of the State of Cape Town Central City Report: 2017 – A year in review – will be made available closer to the time of publication on the CCID’s website: www.capetownccid.org

HIGHLIGHTS OF WHAT THE CCID HAS DONE FOR YOU IN THE PAST THREE MONTHS

<table>
<thead>
<tr>
<th>URBAN MANAGEMENT</th>
<th>SOCIAL DEVELOPMENT</th>
<th>SAFETY &amp; SECURITY</th>
<th>SAFETY &amp; SECURITY CONTINUED</th>
<th>COMMUNICATIONS</th>
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<tr>
<td>149%</td>
<td>242%</td>
<td>23%</td>
<td>81%</td>
<td>14%</td>
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<tr>
<td>300 illegal posters</td>
<td>24 adults to shelters</td>
<td>Conducted 23,930 crime prevention initiatives</td>
<td>Responded to 118 medical &amp; rescue callouts</td>
<td>Published the Best of Cape Town Central City 2018 guide and the CCID Annual Report and hosted the CCID’s AGM</td>
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<td>Removed 1,026 stickers &amp; graffiti</td>
<td>Assisted 24 adults to shelters</td>
<td>Issued 978 warnings</td>
<td>Chrysalis Academy students rendered public assistance 2,936 times and had 924 prevention initiatives</td>
<td>Generated 125 clips with media exposure (AVE) of R3.97 million reaching an estimated audience in excess of 82m</td>
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<tr>
<td>Removed 388 incidents of graffiti</td>
<td>Assisted 23 adults to homes</td>
<td>Together with City Law Enforcement, made 249 arrests, and issued 3,911 fines to a total of R2,303,600</td>
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<td>Removed 342.5kg of butts from cigarette bins</td>
<td>Assisted 18 adults to healthcare facilities</td>
<td>Traffic wardens issued 4,908 fines to a total of R3,322,700</td>
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<td>Cleaned 3,928 drains</td>
<td>Referred 7 adults to Straatwerk for work opportunities</td>
<td>Dealt with 64 illegal trading offences</td>
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<td>Maintained 4,880 ree wells</td>
<td>Assisted 9 mothers with babies</td>
<td>Rendered public &amp; vehicle assistance 320 times</td>
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<td>Undertook 179 road maintenance repairs</td>
<td>Assisted 9 children with preventative services</td>
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STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new retailers all the best in the Central City. We also chatted to the manager of one of them to find out more about what this venue will bring to the Central City.

EAT

- The Botanical Bar
  The Botanical Bar in Longmarket Street is all about “creating new things with local botanicals”. 160 Longmarket Street
  www.facebook.com/thethebotanicalbarcapetown/
  064 686 4164
- The Poké Co.
  It looks like the new trend towards Hawaiian style poké is really taking off in the Central City. The Poké Co. being the latest to open.
  90 Loop Street
  www.pokecoct.com
  087 470 0125
- Afro’s Chicken (Cape Town)
  Local chicken takeaway Afro’s Chicken has come a long way since operating out of a trailer in Durban. It now has a presence in the Central City after opening a shop at Church Square.
  4 Church Square
  www.afrosc Chicken.co.za
  072 559 5868

Q&A WITH TOKYO SKOSANA MANAGER OF LEKKER VEGAN

What is it like working in the Central City?
I recently moved here and have been loving it so far, the people are so friendly, and the vibe is amazing.

Tell us about Lekker Vegan.
We’re a plant-based junk-food heaven and our mission is to provide easy and fast vegan food that’s scrumptious. We make mouth-watering chicken-style burgers, beef-style gatsbys, cheese-style spring rolls, chicken-style nuggets and dairy-free soft-serve ice cream creations.

Why should someone come and eat at your outlet?
We have a beautiful, spacious and welcoming spot in an up and coming, trendy corner of Harrington Street. Our food flies out of our kitchen fast and with consistent superior quality. And we have energetic staff – they’re friendly and helpful when it comes to explaining the menu.

Which Lekker Vegan meal do you highly recommend and why?
That’s a tough one! I’d recommend the Lekker Beefy Gatsby. It’s stuffed with a mouth-watering spicy sauce, savoury beef-like strips, fresh cut chips, tomato, jalapenos, coleslaw and grated vegan cheddar cheese.

Q&A WITH TOKYO SKOSANA MANAGER OF LEKKER VEGAN

SAFE FESTIVE SEASON RECORDED IN CAPE TOWN CENTRAL CITY

A decline in major crimes in the Cape Town Central City over the 2017/18 festive season has been recorded, thanks to increased deployments by all law enforcement agencies.

According to Muneeb (Mo) Hendricks, manager of Safety & Security for the Cape Town Central City Improvement District (CCID), efforts to keep the CBD a safe place during the 2017/18 festive season have been successful, thanks to the collaborative efforts of law enforcement agencies working together.

“Along with the CCID’s own public safety team, this includes teams from the South African Police Service and the City’s own Metro Police, Law Enforcement officers and traffic wardens, all of whom increased their deployments and worked together to achieve a common goal: to ensure that both local and visiting holidaymakers stay safe in the CBD.

“Our strategy to deploy officers to where they were needed the most is proving to be highly effective. Events management has also been a priority, particularly over December, with all agencies deploying large numbers during major events.”

THINGS TO NOTE ABOUT THE 2017/18 FESTIVE SEASON IN THE CENTRAL CITY

According to Mo Hendricks:
- Overall, there have been more local visitors in the CBD than usual. This is quite possibly the result of people choosing to stay put in their own home town as opposed to travelling over the festive period and instead enjoy what the City has to offer. There were, for example, large numbers of locals descending on the Central City to enjoy the nightlife.
- For December alone, non-moving traffic fines issued amounted to R763 800.
- An ATM Fraud Project by the CCID and the Western Cape Government’s Department of Community Safety (DOCS) was a major success. The project involved DOCS funding 15 security officers which the CCID managed and deployed to seven hotspot ATMs within the CBD. With the new project, only two cases were recorded this festive season (15 December 2017 to 15 January 2018) compared to 50 cases during the same period last year while seven incidents were successfully prevented during the hours of deployment of the CCID team.
TRENDING IN THE CENTRAL CITY IN 2018

SEE WHAT WILL BE TRENDING IN THE CENTRAL CITY IN 2018

Gone are the days when businesses and institutions would dictate to consumers. Nowadays, customers hold the power and aren’t settling for less. Whether it’s deciding where to eat, play, shop, stay, invest, visit, learn or seek services – they demand accountability and are actively looking for businesses and institutions that reflect their individuality.

MERRIAM-WEBSTER DICTIONARY DESCRIBES BEING WOKE AS:

BEING AWARE OF AND ACTIVELY ATTENTIVE TO IMPORTANT FACTS AND ISSUES, ESPECIALLY ISSUES OF RACIAL AND SOCIAL JUSTICE.

This shift, wherein businesses and institutions are being forced to quickly adapt and be socially aware, is exhilarating: we will see increasing competition for market share but also more innovation and exciting new developments as the customer experience is taken to the next level across the board. And all this will add significantly to the vibrancy of the Central City.

In line with this, City Views has identified some interesting trends already starting to emerge in the Central City. We also sought views from some thought leaders in their fields about what we should expect this year and into the future.

EXPERIENCE ECONOMY:
THINKING OUTSIDE THE BOX TO CREATE A MORE PERSONALISED EXPERIENCE THAT CONSUMERS VALUE.

According to a Guardian article, research suggests that part of the reason for the rise of the experience economy is its greater potential as a status booster, and social media is driving this change.

For example, while possessions such as a car or a handbag used to show one’s status, nowadays posting pictures of what you just bought is considered to be uncouth. But posting something you’re doing, like enjoying a beautifully presented meal in a restaurant or being at the latest music festival is considered fine.

In the Central City, we are already seeing businesses that are adapting and that understand their customers value a personal touch.

Nin an online article, trend guru and founder of Flux Trends, Dion Chang, puts it concisely: “2018 is going to be the year brands and businesses are forced to go from ‘woke’, to being wide awake.

“Issues of identity are proving to be deal breakers, whether it’s a product you buy, or the company you work for or associate with. Our identity issues are becoming pivotal, as the company you work for or associate with.

In the Central City, we are already seeing brands and businesses that match and resonate with that identity.”

We are in the “experience economy” and it is set to skyrocket.

Nic Harry, a sock shop by Nic Haralambous on 66 Wale Street in the CBD, makes it easy for customers to shop either in store or online, with each creating a personalised experience.

In store, customers are assisted by well-trained staff who understand the entire production process, while if you purchase a product online, the company ships it to your door within five working days. Informed and friendly staff also respond to queries online in under 20 minutes and you can even get a response from the founder, himself.

This is something our City Views team discovered ourselves while seeking input for this article, with the owner responding as soon as he was available. Referring to the company’s commitment to the experience economy, Nic says: “We’ll be creating more exciting in-store experiences and looking for ways to engage with our customers in even more interesting and authentic ways.”

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According to Jennifer Reynolds, gallery director of the StateoftheART gallery on the corner of Roeland and Buitenkant streets, some of the exciting exhibition trends for the year 2018 are: “Artist-led shows held at the end of 2017 and took social media by storm will continue in 2018 as contemporary feminism continues to influence culture and arts. And many of our projects will be defined from a female viewpoint as 90% of the artists represented by StateoftheART are women.”

According to reports, the #MeToo movement was founded 10 years ago by activist Tarana Burke – particularly for women of colour – to unify victims of sexual violence. It gained popularity on social media last year when actress Alyssa Milano used her Twitter account to encourage women who’d been sexually harassed or assaulted to tweet the words #MeToo to give people a sense of the magnitude of the problem.

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The Cape Town Central City is a must-see cultural hub that boasts art galleries showcasing the finest artists across the African continent. The popularity of First Thursdays in the Central City is evidence of the growing interest in art. On the first Thursday of every month, art galleries open until 21h00 or later, allowing anyone to explore the CBD on foot and experience the cultural wealth it has to offer.

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Like the rest of Cape Town, the Central City is at the forefront of culinary trends from European to Asian and, of course, African. It’s also renowned for its café culture and artisanal food scene. Some of its eateries – such as Clarke’s Bar and Dining Room, Charango Grill and Bar, Giulio’s Café, Inside & You’re Out (IVO), and South China Dim Sum Bar – feature in the South African 2018 Eat Out 500 Best Restaurants guide. So, it’s no surprise that when it comes to 2018 food trends, some restaurants in the CBD are already leading the way.

According to eatout.co.za, the top hot food trends for 2018 are ramen and sea greens, simple accessible fine dining, middle-eastern everything, lighter dishes and lower alcohol, saving water, more bubbly and unwooded chardonnays and rum.

In the Central City, Giulio Loreggian, owner of Giulio’s Café in Riebeek Street, says while his team don’t necessarily believe in trends in the food industry, they will always believe in the Mediterranean diet – fresh, healthy, excellent quality and consistent moderation.

“If I had to say that we’re following a trend, I’d say we’re going more vegetarian, cutting down on the meat offerings a bit. The world, in general, is adopting more vegetarian and vegan lifestyle and we’re following a little more along that line.”

Manager Tokyo Skosana of Lekker Vegan – which recently opened in Harrington Street – shares Giulio’s sentiments. “The demand for tasty vegan food is growing fast.

“We plan on opening two more shops in the next 18 months. And to my surprise, more than half of our customers are non-vegans or vegetarians. It’s so cool to see them being amazed by how tasty we make plants.”

Owner of Clarke’s Bar and Dining Room, Lyndall Maunder, says: “Poké seems to be growing, it’s a great way to eat.

“Botanical eating and drinking, foraging, health, natural and fermented are themes that have been steadily growing over the years and are a way of life now. I wouldn’t even call it a trend – I think it will continue that way.”

The Cape Town Central City has come a long way from the “crime and grime” scenario it had fallen into by the late 1990s. Today, it’s a clean and caring urban environment where many people live, work, play and stay.

The results of the latest annual residential survey conducted at the end of 2017 by the Cape Town Central City Improvement District (CCID), show that residents living in Cape Town’s downtown feel very much at home.

Carola Koblitz, CCID Communication manager and editor of the organisation’s annual investment guide (The State of Cape Town Central City Report), says: “There has been a huge jump in the number of people who now say they have been living in the Central City for more than 10 years. In 2014, for example, only 15% of respondents indicated they had been living in the CBD for more than 10 years. In the latest 2017 survey, this now sits at 32% – more than double.

“What this shows us is that the downtown is building a solid neighbourhood community of loyal residents, living mostly in buildings that were once upon a time office blocks. Today, the CBD is home to thousands of people, who occupy it 24/7.”

While the survey is considered to be a dipstick survey, it is a testament to the fact that the CBD has become a vibrant place that’s also progressive in many ways.

The next edition of The State of Cape Town Central City Report: 2017 – A year in review, which will be released early April, will shed more light on the economic climate of the Cape Town CBD.

Virgin Active at the Foreshore in the Central City offers a variety of group exercises.

Yoga is big in the Cape Town CBD. For only R50, you can enjoy an invigorating yoga class in the beautiful setting of The Company’s Garden (Lawn R near Wale Street and library) on Tuesdays and on Weekends.

Pound Boxing Gym in the CBD offers boxing group classes, private group classes and private classes.
LAUNDRY

- Ensure that you have a full load of washing.
- Set it to the shortest washing cycle.
- Skip the extra rinse to save water.
- Think about soaking your clothes first in a basin with biodegradable detergent so that you can reuse the grey water, and then just use the rinse and spin cycle on your machine.

KITCHEN

- Only use 2 litres of water for cooking.
- Use 9 litres or less of water for washing dishes in the sink.
- Don’t wash dishes one-by-one; rather wash them all at once.
- Use paper plates and cups and disposable biodegradable cutlery.
- If you have to wash dishes, wipe them with a towel first to make water less dirty.
- Don’t rinse glasses, fruit and vegetables under running water. Plug the sink and reuse the water.
- Thaw frozen food in a refrigerator or a bowl of water, instead of under running water.
- When waiting for hot water to come out of the tap, place a bucket under the tap so you can use the cold water later.
- Line plates with plastic so you can peel off the plastic and have clean plates – just be mindful of your plastic usage.
- Only put as much water into your kettle as you need.

REPORT WATER ISSUES AND OFFENCES:
0860 103 089
water@capetown.gov.za
063 407 3699 (WhatsApp)
31373 (SMS number)

Important considerations:

- Consider forming a water committee at your child’s school, your residential block or where you work and start raising questions about whether your office will be able to be open when Day Zero arrives.
- Keep bottled water for drinking – 2 litres for drinking and 1 litre for pets.
- Use hand sanitiser with tea tree oil as it has antibacterial properties.
- Buy a cleansing body lotion and a dry shampoo.
- Re-use clothing multiple times before handwashing.
- To avoid odours developing from sweat and bacteria, wear breathable fabrics like cotton.
- Stock up on wet wipes.
- Consider keeping frozen foods.
- Don’t store untreated greywater as this will cause bacterial blooms.

SAVE WATER

Day Zero is now projected to be on 9 July 2018 (as at the time of this publication going to print). The bottom line is: we must adapt and get used to the “new normal” and make saving water our way of life.

By now you’re most likely thinking: “Not another water article! What would really help if I had everyday tips to use.”

We agree. So here are some of the practical things you can do right now and beyond Day Zero.

TOILET

- Only flush when necessary – a standard loo uses 9 litres per flush.
- Place a closed, flat-based 0,5-litre bottle filled with water in your toilet cistern, away from any moving parts, to reduce the amount of water you use per flush.
- Check if your toilet has a silent leak by putting a little food colouring in your cistern. If the colouring begins to appear in the bowl without flushing, there may be a leak.
- To save water, fill the toilet cistern itself with your grey water rather than pouring it directly into the toilet.

BASIN

- When brushing your teeth, use a glass of water.
- Fix dripping taps.
- Don’t turn the tap on full.
- Don’t leave the tap running while rinsing or shaving.
- Wash your hands with the plug in place.

SHOWER

- Take a 90-second shower and limit the number of showers you take per day.
- Use smaller towels or facecloths to dry yourself after a shower.
- If you can afford it, install a water-efficient shower head.
- Switch off the water between soaping and rinsing your body and hair.
- Place a bucket in your shower to collect water, which you can reuse to flush the loo or wash your car.

Waterless Wednesdays, initiated by the founders of Smile Water Warriors (see above), encourages everyone to use as little as or no water on Wednesdays at home or at work. You can also tune in to Smile 90.4FM throughout the day, every Wednesday, to join the conversation and get new ideas on how to go “waterless”.

Sources: waterwise.co.za, waterwise@xly.com; Helderberg Village in Somerset West and groundup.org.za
Graphics inspired by Erika Forbes

Useful resources:

City of Cape Town’s thinkwater portal: The portal has all Day Zero and drought-related information. www.capetown.gov.za/thinkwater

Smile FM’s Water Warriors Facebook page: On this group, people serious about saving water share useful tips and ideas on what they’re doing to fight the water crisis. www.facebook.com/groups/smileywaterwarriors1

#EveryDropCounts campaign: With this initiative, the Cape Argus provides tips, resources and information about how you can help be the change Cape Town needs. Join the campaign on social media and share your tips and stories by emailing arglet@inl.co.za | www.facebook.com/CapeArgus/

#DefeatDayZero website: The site contains the latest information about Day Zero and social media resources to use to spread the word about Day Zero. www.defeatdayzero.co.za

City of Cape Town’s thinkwater portal: The portal provides tips, resources and useful information about how you can help be the change Cape Town needs. www.capetown.gov.za/thinkwater

Be Water Wise

CITY VIEWS: YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER
CCID GETS READY TO ROLL OUT #KEEPITCLEAN CAMPAIGN

The CCID’s Urban Management department is gearing up for its annual #KeepItClean campaign which runs from April to May.

The campaign is aimed at highlighting the work of this department and the teams it works with, while also calling on members of the public to do their part to ensure the Central City remains the cleanest CBD in South Africa.

Says manager of CCID Urban Management, Richard Beesley: “Last year’s campaign included cheeky #KeepItClean streetpole posters with ‘stop littering’ messages such as ‘Your mom didn’t raise you this way’ and ‘Net %@!$ mors’. We also had an interactive coggie bin that invited smokers to engage by voting with their butts, on the answers to a series of questions, and thus bringing to their minds the importance of getting rid of their stompies in a responsible way. We also creatively showcased the amount of street refuse picked up in the CBD every single day and how much it costs.

“This year, we’re pushing the envelope once more and have yet another thought-provoking campaign that encourages people to be litter conscious. We want to drive home the message that everyone should take responsibility for clearing away their own litter and let go of the view that someone else will be there to clean up after them. Ultimately, we want behaviour change to be permanent and we would love to get to a point where campaigns like these aren’t needed. Everyone should have a sense of decency and civic pride when it comes to the spaces they occupy in an area like the Central City – or anywhere else.”

CCID AND KHULISA TACKLE LONG STREET

The Cape Town Central City Improvement District’s (CCID) latest pilot bin project on Long Street, alongside Khulisa Social Solutions, is making great strides. Its services, which are aimed at ensuring that the urban environment is clean and works at its best for all Central City stakeholders, have been extended to cover more businesses in the area.

The pilot project, which has been running since December 2017, originally covered the Long Street stretch between Hout and Church streets, and a total of 15 buildings and 38 retailers were the initial participants. On 22 January, coverage was extended to include the block between Hout and Castle streets resulting in an additional 15 businesses participating.

Through the pilot project, participants who come via Khulisa Social Solutions’ Streetscapes initiative micro-manage the waste collection process in Long Street – the heart of the Central City’s entertainment district – helping to prevent litter ending up on the streets when people rummage through bins for recyclable materials in waste collections areas.

Says Richard Beesley, manager of CCID Urban Management: “While many businesses in Long Street place their bins out for collection in the early hours of the morning, collection only happens many hours later. The situation had become so challenging in this regard, with so many complaints coming through from businesses and the public that, as members of the CCID, we put our heads together to develop a plan not only in terms of the litter but also to avoid bins being vandalised or stolen, which also occurs.”

Since the project began, over 1 740 bins have been collected – about 60 bins are collected each day. The project will run until 2 March 2018.

Manager of the Pan African Market in Long Street, Tsidi Longo, says they’re pleased with the project and would like to see it continuing for a longer period: “Small things go a long way towards simplifying a small-business owner’s life. It’s great that we no longer have to take the bins out ourselves and contend with the mess that used to occur after people had been rummaging through them and, most importantly, we’re grateful that the bins are safe as the guys guard them.”

What makes the project so unique is that not only does it create work opportunities for street people while at the same time combating litter in the CBD, Khulisa Social Solutions also provides its participants with valuable social services. These include daily sessions with a counsellor, psycho-educational training, as well as assistance towards accessing health services and, hopefully, to ultimately move off the streets.

According to Jesse Laitinen, manager of strategic partnerships at Khulisa Social Solutions: “Often street people are marginalised and seen as a problem.” And through Streetscapes, Jesse says, they “turn the ‘problem’ into an asset and it’s the most beautiful thing ever.”

She further explains that the NGO’s approach is about empowerment and that entails building skills, targeting behaviour and giving individuals responsibility so they’re functional.

“We provide a sheltered environment where Khulisa Social Solutions participants get a chance to learn and, in turn, they have a sense of belonging and achievement. And we’re slowly starting to see a shift where business owners see street people on the project as valuable, instead of a ‘problem’ – there’s no more ‘us’ and ‘them’.”

Laitinen acknowledges that while, as with anything, there are always challenges: “There are a lot of positives.”

Says Zamo Masabalala, one of the Khulisa participants: “The way I look at life has changed since being here. Now I’m more positive and I’m happy that I’m no longer staying on the streets. I live in a shelter now and I’m saving a little bit of money for myself.”

Another participant, Martin Lilane, says being part of the project feels like he has a family and people who care: “Here I have friends; we’re all brothers.”

For more about Khulisa Social Solutions, visit www.khulisa.org.za
AUTHOR: JIM BISHOP

Author Jim Bishop once said: “Autumn carries more gold in its pocket than all the other seasons.” And we agree! In terms of events, it’s golden as the Central City’s calendar remains full of worthwhile events to suit different tastes.

JAZZ IT UP A LITTLE

20 March
CAPE TOWN INTERNATIONAL JAZZ FESTIVAL FREE COMMUNITY CONCERT

The annual Cape Town International Jazz Festival (CTIJF) has been around for close to two decades. And to show appreciation to the people of Cape Town, the main event organisers are once again hosting the Cape Town International Jazz Festival free community concert. Here, you’ll get a taste of some of the world-class performers at no charge at Greenmarket Square. Look out for more details in the press to see who will be on stage.

Where: Greenmarket Square | When: 17h00 | Cost: free
www.capetownjazzfest.com

FUN FOR THE LITTLE ONES

29 March – 9 April
TALES OF LITTLE GREY RABBIT

The Central City is everyone’s playground, including the little ones. Artscape has a children’s theatre production called Tales of Little Grey Rabbit. The kind and thoughtful Little Grey Rabbit needs your help to rescue her friends – a Hiare (a conceited fellow) and a Squirrel (a proud fellow), who are taken away by a Weasel.

Where: Artscape Theatre Centre | When: 10h00 | Cost: R90
www.artscap.co.za

ENJOY A MUSICAL MASTERPIECE

7 March – 1 April
WEST SIDE STORY

“A dazzling triumph! “Spectacular.” “A fantastic theatre experience.” “It’s a theatrical event not to be missed.” These are some of the accolades that have been used to describe West Side Story. The smash hit musical show returns to the Artscape Opera House in March following sold-out seasons in Cape Town and, most recently, at the Mandela Theatre in Johannesburg. The musical masterpiece will feature a full, live orchestra – don’t miss it!

Where: Artscape Theatre Centre | When: 10h00 | Cost: R150 - R470
www.artscap.co.za

A TRIBUTE TO UNSUNG HEROES

1 – 30 March
CAPE TOWN MEMOIRS AND DANGEROUS LIAISONS

StateoftheART gallery is proud to present Lizelle Kruger’s solo exhibition, Cape Town Memoirs and Dangerous Liaisons – a body of work created in the iconic and oldest building in Cape Town, the Castle of Good Hope. Lizelle’s large-scale street and landscape works of the Mother City from the 1920s to 1960s form the backdrop to the women who take centre stage in the exhibition. The artist pays tribute to women from every sphere of society including the imported female slaves, many of whom were housed at the Company Slave Lodge – today the Iziko Slave Lodge museum on Adderley Street.

Where: StateoftheART Gallery, Buitenkant St | When: 18h00 | Cost: free

HAPPINESS IS A GLASS OF BUBBLY AND MACARONS

16 March
THE MACARON & BUBBLY EXPERIENCE

If a premium experience that combines flavours, sights and sounds in the beautiful Cape Town Central City is what you’re after, The Macaron & Bubbly Experience is tailor-made for you. The focus is on a selection of different Methode Cap Classiques or MCCs and sparkling wines, paired with the macaron menu. Aside from a macaron display and bunny showcase, expect gin & tonic infusions, lively music, a cocktail bar, an interactive zone as well as a chocolate, coffee and nougat tasting area.

Where: Bree Street Studios | When: 11h00 | Cost: R295 - R395
www.quicket.co.za/organisers/2382-flavourful

ENJOY THE MOST BEAUTIFUL BIKE RACE

11 March
2018 CAPE TOWN CYCLE TOUR

The 40th edition of the annual Cape Town Cycle Tour will take place on 11 March and the 109km trek gets underway in the Central City.

Where: Grand Parade | When: 06h00 | Cost: free to spectate
www.capetowncycletour.com

TALES OF LITTLE GREY RABBIT

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Remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE.

*The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD*